



NUTRITION FACTS DATA SHEET

Cinnamon Cookie

7" Big Cookie

Cookie Bars

Nutrition Facts	
Serving Size 1/10 Slice of Cookie (29g) Servings Per Container 10	
Amount Per Serving	
Calories 120	Calories from Fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 45mg	2%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 10g	
Protein 2g	
Vitamin A 4%	• Vitamin C 0%
Calcium 2%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Nutrition Facts	
Serving Size 1 Cookie (49g) Servings Per Container 12	
Amount Per Serving	
Calories 200	Calories from Fat 80
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 80mg	3%
Total Carbohydrate 29g	10%
Dietary Fiber 2g	8%
Sugars 16g	
Protein 3g	
Vitamin A 6%	• Vitamin C 0%
Calcium 2%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
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INGREDIENTS: BROWN SUGAR, BUTTER (SWEET CREAM, NATURAL FLAVORING), OATMEAL, SUGAR, EGGS, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN, MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE WHEAT FLOUR, MILK, NATURAL FLAVOR, CINNAMON, BAKING SODA, SALT.

Contains Egg, Milk, Wheat.
Made in a facility where nuts are present