



NUTRITION FACTS DATA SHEET

Cinnamon & Raisin Cookie

7" Big Cookie

Nutrition Facts			
Serving Size 1/10 Slice of Cookie (32g) Servings Per Container 10			
Amount Per Serving			
Calories 120	Calories from Fat 45		
% Daily Value*			
Total Fat 5g	8%		
Saturated Fat 3g	15%		
Trans Fat 0g			
Cholesterol 20mg	7%		
Sodium 45mg	2%		
Total Carbohydrate 19g	6%		
Dietary Fiber 1g	4%		
Sugars 12g			
Protein 2g			
Vitamin A 4%	• Vitamin C 0%		
Calcium 2%	• Iron 4%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

Cookie Bars

Nutrition Facts			
Serving Size 1 Cookie (53g) Servings Per Container 12			
Amount Per Serving			
Calories 210	Calories from Fat 80		
% Daily Value*			
Total Fat 9g	14%		
Saturated Fat 5g	25%		
Trans Fat 0g			
Cholesterol 35mg	12%		
Sodium 75mg	3%		
Total Carbohydrate 32g	11%		
Dietary Fiber 2g	8%		
Sugars 20g			
Protein 3g			
Vitamin A 6%	• Vitamin C 0%		
Calcium 2%	• Iron 6%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

INGREDIENTS: BROWN SUGAR, BUTTER (SWEET CREAM, NATURAL FLAVORING), OATMEAL, SUGAR, RAISINS, EGGS, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN, MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE WHEAT FLOUR, MILK, NATURAL FLAVOR, CINNAMON, BAKING SODA, SALT.

Contains Egg, Milk, Wheat.
Made in a facility where nuts are present