



# NUTRITION FACTS DATA SHEET

## Cinnamon & Chocolate Chip Cookie

### 7" Big Cookie

| Nutrition Facts  |                              |
|--|------------------------------|
| Serving Size<br>1/10 Slice of Cookie (33g)<br>Servings Per Container 10  |                              |
| Amount Per Serving   |                              |
| <b>Calories</b> 140  | Calories from Fat 60         |
| % Daily Value*   |                              |
| <b>Total Fat</b> 7g  | <b>11%</b>                   |
| Saturated Fat 4g   | <b>20%</b>                   |
| Trans Fat 0g   |                              |
| <b>Cholesterol</b> 20mg  | <b>7%</b>                    |
| <b>Sodium</b> 40mg   | <b>2%</b>                    |
| <b>Total Carbohydrate</b> 19g  | <b>6%</b>                    |
| Dietary Fiber 1g   | <b>4%</b>                    |
| Sugars 12g   |                              |
| <b>Protein</b> 2g  |                              |
| Vitamin A 2%   | • Vitamin C 0%               |
| Calcium 2%   | • Iron 4%                    |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: |                              |
|  | Calories: 2,000    2,500     |
| Total Fat  | Less than 65g    80g         |
| Saturated Fat  | Less than 20g    25g         |
| Cholesterol  | Less than 300mg    300mg     |
| Sodium   | Less than 2,400mg    2,400mg |
| Total Carbohydrate   | 300g    375g                 |
| Dietary Fiber  | 25g    30g                   |
| Calories per gram:<br>Fat 9 • Carbohydrate 4 • Protein 4   |                              |

### Cookie Bars

| Nutrition Facts  |                              |
|--|------------------------------|
| Serving Size 1 Cookie (55g)<br>Servings Per Container 12   |                              |
| Amount Per Serving   |                              |
| <b>Calories</b> 240  | Calories from Fat 110        |
| % Daily Value*   |                              |
| <b>Total Fat</b> 12g   | <b>18%</b>                   |
| Saturated Fat 7g   | <b>35%</b>                   |
| Trans Fat 0g   |                              |
| <b>Cholesterol</b> 35mg  | <b>12%</b>                   |
| <b>Sodium</b> 70mg   | <b>3%</b>                    |
| <b>Total Carbohydrate</b> 32g  | <b>11%</b>                   |
| Dietary Fiber 2g   | <b>8%</b>                    |
| Sugars 20g   |                              |
| <b>Protein</b> 3g  |                              |
| Vitamin A 4%   | • Vitamin C 0%               |
| Calcium 2%   | • Iron 6%                    |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: |                              |
|  | Calories: 2,000    2,500     |
| Total Fat  | Less than 65g    80g         |
| Saturated Fat  | Less than 20g    25g         |
| Cholesterol  | Less than 300mg    300mg     |
| Sodium   | Less than 2,400mg    2,400mg |
| Total Carbohydrate   | 300g    375g                 |
| Dietary Fiber  | 25g    30g                   |
| Calories per gram:<br>Fat 9 • Carbohydrate 4 • Protein 4   |                              |

INGREDIENTS: DARK CHOCOLATE (CHOCOLATE, SUGAR, COCOA BUTTER, MILK FAT, SOY LECITHIN [EMULSIFIER], VANILLA), BROWN SUGAR, BUTTER (SWEET CREAM, NATURAL FLAVORING), OATMEAL, SUGAR, EGGS, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN, MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE WHEAT FLOUR, MILK, NATURAL FLAVOR, CINNAMON, BAKING SODA, SALT.

Contains Egg, Milk, Wheat.  
Made in a facility where nuts are present.