



NUTRITION FACTS DATA SHEET

Gluten-Free Coconut Chocolate Chip Cookie

Cookie Bars

Nutrition Facts	
Serving Size 1 Cookie (47g) Servings Per Container 12	
Amount Per Serving	
Calories 230	Calories from Fat 130
% Daily Value*	
Total Fat 14g	22%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 60mg	3%
Total Carbohydrate 25g	8%
Dietary Fiber 2g	8%
Sugars 15g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CHOCOLATE CHIPS (DRIED CANE SYRUP, CHOCOLATE LIQUOR, COCOA BUTTER), BROWN SUGAR, VEGETABLE SHORTENING (EXPELLER-PRESSED NATURAL OIL BLEND [PALM FRUIT, CANOLA, SAFFLOWER AND OLIVE], WATER, CONTAINS LESS THAN 2% SALT, SUNFLOWER LECITHIN, PEA PROTEIN, NATURAL FLAVOR [DERIVED FROM CORN], LACTIC ACID (NON-DAIRY SOURCE), ANNATTO EXTRACT [COLOR]), OATMEAL, BROWN RICE FLOUR, SUGAR, EGGS, GLUTEN FREE FLOUR BLEND (GARBANZO BEAN FLOUR, POTATO STARCH, TAPIOCA FLOUR, WHOLE GRAIN SWEET WHITE SORGHUM FLOUR, FAVA BEAN FLOUR), COCONUT, RICE MILK (FILTERED WATER, ORGANIC WHOLE GRAIN BROWN RICE, ORGANIC BROWN RICE SYRUP, ORGANIC EXPELLER PRESSED CANOLA AND/OR ORGANIC EXPELLER PRESSED HIGH OLEIC SAFFLOWER OIL, ORGANIC VANILLA FLAVOR, TRICALCIUM PHOSPHATE, SEA SALT, NATURAL FLAVOR, CARRAGEENAN, VITAMIN A PALMITATE, VITAMIN D2, VITAMIN B12), XANTHAN GUM, BAKING SODA, NATURAL FLAVOR, SALT.

CONTAINS EGGS AND COCONUT